




Title VI Native American Aging Programs


Nearly 300 Title VI Native American Aging Programs (Title VI programs) provide nutrition, supportive and caregiver services to American Indian, Alaska Native and Native Hawaiian elders across the United States. These tribal programs are funded by the federal Older Americans Act. On average, elders served by Title VI programs have access to 28 different services within their communities.


Top 10 Services supported by Title VI funding


- 1 Congregate meals 


- 2 Home-delivered meals 


- 3 Information and referral/ assistance 


- 4 Family caregiver support services 


- 5 Respite care 

- 6 Services for elder caregivers of children (grandparents raising grandchildren) 

- 7 Telephone reassurance/ friendly visiting 

- 8 Senior center activities 

- 9 Special events for elders 

- 10 Outreach 



On average, Title VI programs serve approximately **215** elders.



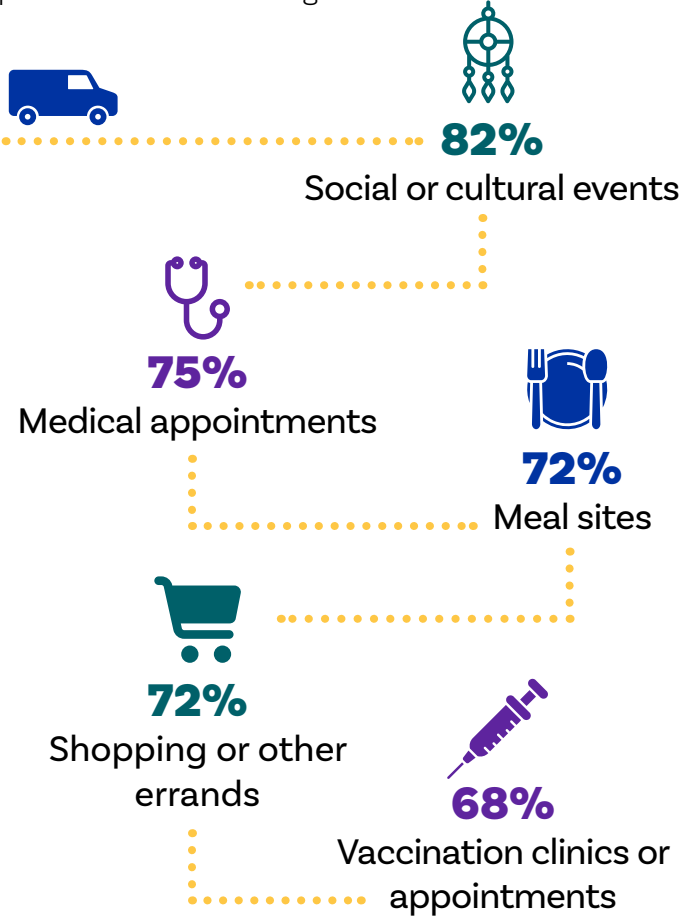
Nutrition Programs

Traditional foods connect elders with their tribal culture and land. On average, Title VI nutrition programs, including congregate and home-delivered meals, served traditional foods about three times per month (ranging from not at all to daily).

FAST FACTS

Transportation

Transportation services help elders stay connected to the community and maintain their health. The majority of Title VI programs—89 percent—report that transportation is available to elders through the Title VI program and/or the tribe. **The average distance of a one-way trip is 35 miles**, ranging from half a mile to 150 miles. Transportation services are most commonly provided for the following activities:



Caregiver Services and Supports

87% of Title VI programs provide one or more caregiver services in their communities, including:

Information and Referral (I&R)	77%
Access assistance	71%
Training/education	63%
Supplemental or other services	61%
Respite services	61%
Caregiver assessment	57%
Caregiver counseling	52%
Support groups	44%

Title VI/Title III Coordination

72% of Title VI programs coordinate with their local Area Agencies on Aging (AAAs). The most common ways are:

- 46%** Attend meetings and events together
- 35%** Exchange information about the elders they serve
- 33%** AAA provides services in the tribal community
- 28%** AAA has a dedicated office or liaison with whom the Title VI program works

Title VI/Title III coordination data includes only Title VI programs in states with AAAs, reflecting 73 percent of respondents.

Note: Data presented in this Fast Facts was gathered through the 2023 National Survey of Title VI Programs conducted by USAging in partnership with the Scripps Gerontology Center at Miami University. The survey was in the field from August–November 2023 and had an 80 percent response rate. (n=233). The full Title VI Survey Chartbook is available at www.usaging.org/titlevi.



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